Distance Learning: What you should know and do!

Expectations for the Course
Review and check the syllabus for each of your courses. Were they revised? What do you need to do? Make a list of required assignments, projects, homework and tests. If something is confusing you, ask your instructor for clarification.

Technical
Where will you be connecting? Choose a location that has the best Wi-Fi. Will you need a camera, microphone or other special equipment? Check with the libraries and other areas for support. Check the UBIT website at https://www.buffalo.edu/ubit for technical updates. Notify your instructor if you are experiencing technical issues.

Dedicated Space
Designate a space where you can work uninterrupted. Make sure you choose an area with a good academic atmosphere, where you can stay focused and not get distracted. Check to make sure that your Wi-Fi connection is good.

Make a Study Plan
Create a plan to succeed. Keep to the schedule you are used to by following the routine of when classes were in-person. Schedule your time for class and a time to study. Make to-do lists and set time limits to work. Break large projects or assignments into small sections with your own due dates. Remember to use the study success formula: for every one hour of class you need two hours of study outside of the classroom.

Check your Email and UBlearns
When you’re learning at a distance, it is imperative that you frequently check all of your UB accounts. You should check your email at least two times or more a day. Log in to UBlearns or other platforms your course is using every day. You need to stay on top of your work so you are aware of any updates or changes.

Ask for Help When Needed
If you are confused or unsure about your class, ASK FOR HELP! See your professor or TA during office hours. These hours could be virtual or in person. Create a group chat with other classmates to share questions and answers. Try academic support services, such as tutoring or study groups. See the Tutoring & Academic Support Services website at https://advising.buffalo.edu/tutoring for our schedule or to make an appointment.

Stay Motivated
It might be hard to stay motivated especially when your courses are all online. Keep a schedule, talk with other classmates and check in with your advisor. Review your academic goals and your life goals. Remember, you’re doing all of this for a reason!

Check out this great resource to help keep you on track:
https://www.learnhowtobecome.org/career-resource-center/student-success-online-college/